Summer 2018

A Narrow Escape: Transcending the GID Exclusion in the Americans with Disabilities Act

Taylor Payne

Follow this and additional works at: https://scholarship.law.missouri.edu/mlr

Part of the Law Commons

Recommended Citation
Available at: https://scholarship.law.missouri.edu/mlr/vol83/iss3/10

This Note is brought to you for free and open access by the Law Journals at University of Missouri School of Law Scholarship Repository. It has been accepted for inclusion in Missouri Law Review by an authorized editor of University of Missouri School of Law Scholarship Repository.
NOTE

A Narrow Escape: Transcending the GID Exclusion in the Americans with Disabilities Act


Taylor Payne*

I. INTRODUCTION

The Americans with Disabilities Act (“ADA”) was implemented in 1990 and is hailed as a pivotal piece of legislation that protects the civil rights of individuals with disabilities. Driven by the prejudice of certain influential legislators, transgender individuals were purposefully excluded from the ADA’s protection. This exclusion – commonly referred to as the “GID Exclusion” – ensured that “transsexualism” and “gender identity disorders not resulting from physical impairments” were not considered a “disability” under the ADA. The GID Exclusion effectively produced a categorical bar for transgender plaintiffs seeking legal recourse under the ADA despite the fact that many transgender individuals experience clinically significant stress known as Gender Dysphoria, a recognized and serious medical condition that can substantially limit major life activities.

* B.A., University of Missouri, 2015; J.D. Candidate 2019, University of Missouri School of Law; Associate Editor, *Missouri Law Review*, 2018–2019. I am grateful to Professor Anne Alexander and the entire *Missouri Law Review* staff for their guidance and encouragement in writing this Note.

4. See, e.g., Johnson v. Fresh Mark, Inc., 337 F. Supp. 2d 996 (N.D. Ohio 2003) (finding an employer’s requirement that transgender employee use men’s restroom did not violate the ADA because “transsexualism is excluded from the definition of disability no matter how it is characterized, whether as a physical impairment, a mental disorder, or some combination thereof”), aff’d, 98 F. App’x 461 (6th Cir. 2004); AM. PSYCHIATRIC ASS’N, DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS *Gender Dysphoria* § 302.6, at 455 (5th ed. 2013) [hereinafter DSM-V] (listing clinically significant distress or impairment in social, occupational, or other important areas of functioning as consequence of Gender Dysphoria).
For almost two decades following the passage of the ADA, the GID Exclusion was left virtually unchallenged. Moreover, transgender plaintiffs who tried to invoke the ADA’s protections were unsuccessful – that is until 2014, when Kate Lynn Blatt (“Blatt”) brought suit in federal court.\(^5\) Blatt, a transgender woman with Gender Dysphoria,\(^6\) alleged she was either covered under the ADA or the ADA’s exclusions were unconstitutional.\(^7\) Blatt’s suit marks one of the few times the GID Exclusion has been challenged and the only time in which a court has held the ADA does not categorically bar transgender plaintiffs from protection.\(^8\)

This Note discusses the groundbreaking ruling of *Blatt v. Cabela’s Retail, Inc.* and its potential impact on transgender individuals in the public and legal spheres. Part II of this Note provides the pertinent facts and holding from *Blatt*. Part III discusses the history of the ADA and the impetus for the GID Exclusion. Part III then turns to the current legal landscape for transgender individuals at the national and state level. Part IV details the instant decision and explores the U.S. District Court for the Eastern District of Pennsylvania’s legal reasoning and holding. Part V addresses arguments for and against the holding of the instant decision, detailing positions argued by the United States of America and amici curiae in the case.

Ultimately, Part V argues that *Blatt* should be recognized as a momentous decision. Not all transgender individuals have Gender Dysphoria\(^9\) and therefore they may not always be able to invoke the protections found in the ADA on that basis.\(^10\) However, for transgender individuals who do experience Gender Dysphoria, *Blatt* provides hope that decades-old prejudice enshrined in federal legislation can be overcome through reasonable statutory


\(^6\) Individuals are diagnosed with Gender Dysphoria when they experience clinically significant stress that results from “[a] marked incongruence between experienced/expressed gender and [gender assigned at birth].” See *DSM-V*, supra note 4, § 302.6, at 455.

\(^7\) *Blatt*, 2017 WL 2178123, at *2.

\(^8\) *Id.* at *4; *see also Johnson*, 337 F. Supp. 2d at 1001–02; *Rentos v. Office Sys.*., No. 95 CIV. 7908 LAP, 1996 WL 737215, at *7–8 (S.D.N.Y. Dec. 24, 1996).

\(^9\) *See Brief of Amici Curiae Gay & Lesbian Advocates & Defenders, Mazzoni Center, National Center for Lesbian Rights, National Center for Transgender Equality, National LGBTQ Task Force, and Transgender Law Center in Opposition to Defendant’s Partial Motion to Dismiss at 3, Blatt, 2017 WL 2178123* (No. 5:14-cv-04822) [hereinafter Brief of Amici Curiae] (noting that many transgender individuals do not experience stress related to their transgender status; “they are completely comfortable living just the way they are [without medical or other intervention].”).

\(^10\) The specifics of a particular case would determine whether a transgender individual without Gender Dysphoria would be covered under the ADA. Theoretically, even a transgender individual without Gender Dysphoria might enjoy ADA protection, provided they were discriminated against because they were “regarded as” having Gender Dysphoria. *See text accompanying infra note 51.*
interpretation, resulting in much needed legal protections for a community that still faces “severe and pervasive discrimination in nearly every aspect [of life].”

II. FACTS AND HOLDING

In 2014, Blatt filed suit against her former employer, Cabela’s Retail, Inc. (“Cabela’s”), for impermissible sex discrimination in violation of Title VII of the Civil Rights Act of 1964 (“Title VII”) and impermissible discrimination on the basis of disability under the ADA. Blatt sought an award of damages, injunctive and declaratory relief, attorney’s fees, and other relief. In response, Cabela’s filed a motion to dismiss Blatt’s ADA claim. Ultimately, Cabela’s motion to dismiss was denied.

Cabela’s is a retail business that specializes in outdoor equipment and clothing. In September 2006, Cabela’s hired Blatt as a seasonal stocker. One year before she was hired, Blatt was diagnosed with Gender Dysphoria, sometimes referred to as Gender Identity Disorder (“GID”). Blatt was assigned male at birth, but she identifies as female. Blatt engaged in hormone therapy, grew her hair long, dressed in female attire, and changed her name in order to conform to her female gender.

As part of her employment at Cabela’s, Blatt was required to attend an employee orientation at which she dressed in women’s clothing and used the women’s restroom without any problem. Following orientation, Blatt requested a female uniform and began wearing one when she did not receive a

---

11. Brief of Amici Curiae, supra note 9, at 1.
13. First Amended Complaint and Jury Demand ¶ 1, Blatt, 2017 WL 2178123 (No. 5:14-cv-04822).
15. Id.
16. Our History, Cabela’s: WORLD’S FOREMOST OUTFITTER, https://www.cabelas.com/content.jsp?pageName=history (last visited June 25, 2018); see First Amended Complaint and Jury Demand, supra note 13, ¶ 14 (“Blatt was excited to begin her employment with the Defendant, as she is an active participant in outdoor sports, and highly knowledgeable about the same.”).
17. First Amended Complaint and Jury Demand, supra note 13, ¶¶ 12–13.
18. Id. ¶ 10; see supra text accompanying note 6.
19. “Gender Identity Disorder” was removed from DSM-V and replaced with “Gender Dysphoria”; the two have different diagnostic criteria. See discussion infra Section III.A.
20. First Amended Complaint and Jury Demand, supra note 13, ¶ 9.
21. Id. ¶ 11.
22. Id. ¶ 15.
23. These requests were made as requests for reasonable accommodations. Id. ¶
response to her request. Blatt also requested a nametag that read “Kate Lynn” as a reasonable accommodation for her Gender Dysphoria, but Cabela’s Human Resources Director denied her request. Blatt’s complaint alleged that, in retaliation for requesting the female nametag, the Human Resources Director forced her to wear a nametag that read “James.” Additionally, the Human Resources Director commanded all other employees to refer to Blatt as “James” or they would be fired. Blatt also alleged that the Human Resources Director told her she could receive a nametag reading “Kate Lynn” only after she legally changed her name and gender marker. The Human Resources Director also prohibited Blatt from continuing to use the women’s restroom until her gender marker was legally changed. Moreover, Blatt was often secluded and forced to work alone, unlike other non-transgender employees who often worked in teams.

Approximately one month after she was hired, Blatt was called in for an abrupt meeting with one of Cabela’s shift supervisors who accused Blatt of “failing to pull her weight” and suggested she consider quitting. Following this meeting, Blatt was subjected to numerous derogatory and offensive comments by fellow employees, including being called “he/she,” ‘ladyboy,’ ‘fag,’ ‘sinner,’ and ‘freak.’ Employees also asked offensive questions about Blatt’s body. Blatt reported the discrimination against her to a different Cabela’s supervisor (“Supervisor Bowers”), who reported the discrimination to Cabela’s upper management, including the Human Resources Director. However, neither upper management nor the Human Resources Director attempted to investigate the matter or take steps to prevent further discrimination.

24. Id.
25. Id. ¶¶ 16–17.
26. Id. ¶ 18. “James” was the given name to Blatt when she was born. Id. ¶ 9.
27. Id. ¶ 18.
29. First Amended Complaint and Jury Demand, supra note 13, ¶ 19.
30. Id. ¶ 23.
31. Id. ¶ 20.
32. Id. ¶ 21.
33. Id.
34. Id. ¶ 22.
35. Id.
Blatt applied for a promotion approximately two months after she was hired and at various points thereafter in the course of her employment. A Cabela’s supervisor told Blatt that the corporate office had specifically ordered him not to promote Blatt even though he thought Blatt was “well-qualified” for the promotion. After applying for one promotion, Blatt overheard a maintenance manager tell Supervisor Bowers that Blatt was a “confused sicko” and that he would not interview Blatt “under any circumstances.”

Even after Blatt legally changed her name and gender marker, Cabela’s Human Resources Director refused to allow her access to the women’s restroom, citing the unfounded belief that Blatt would pose a danger to other women. Supervisor Bowers told Blatt that the staff wished her to use a gender-neutral restroom at a Dunkin’ Donuts across the street. When Blatt refused, Cabela’s reluctantly allowed her to use a family unisex restroom at the front of the store, which was still significantly farther away than the employee restrooms. After Blatt legally changed her name, Cabela’s issued her three incorrect nametags before finally providing her with a nametag that correctly stated her name.

According to Blatt’s complaint, in February 2007, Blatt “amicably approached” a maintenance technician and asked about her cleaning schedule. In response, the technician yelled at Blatt and blamed her for disrupting the schedule. Blatt was subsequently fired for allegedly threatening the technician’s son during the altercation. Blatt did not know the technician had a son and denied making any such threats. Blatt claimed Cabela’s articulated reason for terminating her “was[ ] pretextual and her employment was actual-
ly terminated based on her sex, her actual and/or perceived disability and/or record of impairment, and in retaliation for opposing unlawful discrimination in the workplace and requesting a reasonable accommodation for her disability.”

After she was fired, Blatt filed suit against Cabela’s alleging unlawful discrimination in violation of Title VII and the ADA.

“The ADA makes it unlawful for a covered employer to discriminate against any ‘qualified individual on the basis of disability.’” To bring suit under the ADA, a plaintiff must show that “(1) [they] are disabled within the meaning of the ADA, (2) [they] are a qualified individual under the ADA, and (3) [they] suffered an adverse employment action because of [their] disability.”

“Disability” under the ADA includes “physical or mental impairments that substantially limit one or more major life activities.”

Blatt asserted her Gender Dysphoria substantially limited one or more of her major

49. Id. ¶ 36.
52. Throughout this Note, singular “they” is used in order to respect and acknowledge nonbinary individuals; the author believes that “they” should be the default singular pronoun for an individual of unknown gender, rather than utilizing “he or she.” See Singular ‘They’, MERRIAM-WEBSTER, https://www.merriam-webster.com/words-at-play/singular-nonbinary-they (last visited Aug. 24, 2018).
53. “Disability” under the ADA is a broad concept; a person is covered under the ADA if they are discriminated against based on (1) a real disability, (2) a perceived disability or (2) a record of such impairment. 42 U.S.C. § 12102(1) (2012). An individual is also covered by the ADA if the person has – currently or in the past – a medical condition that, without treatment, would be substantially limiting. See id. § 12102(4)(E)(i) (“The determination of whether an impairment substantially limits a major life activity shall be made without regard to the ameliorative effects of mitigating measures.”).
54. “The term ‘qualified individual’ means an individual who, with or without reasonable accommodation, can perform the essential functions of the employment position that such individual holds or desires.” 42 U.S.C. § 12111(8) (2012).
55. Prod. Fabricators, Inc., 763 F.3d at 969 (quoting Hill v. Walker, 737 F.3d 1209, 1216 (8th Cir. 2013)); Young v. Warner–Jenkinson Co., 152 F.3d 1018, 1021 (8th Cir. 1998)).

[M]ajor life activities include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working . . . . [A] major life activity also includes the operation of major bodily functions, including but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions.

Id. § 12102(2)(A)–(B).
life activities including, but not limited to, reproducing, social and occupational functioning, and interacting with others. Thus, Blatt alleged her Gender Dysphoria met the criteria of a disability and entitled her to protection under the ADA.

Cabela’s filed a motion to dismiss Blatt’s ADA claim, asserting that Blatt failed to state a claim upon which relief could be granted. Cabela’s argued the explicit text of the ADA – in particular § 12211, which excludes from the definition of disability “gender identity disorders not resulting from physical impairments” – applied to Blatt’s Gender Dysphoria and precluded her from bringing a viable ADA claim. Blatt argued her condition was covered under the ADA or, in the alternative, that if her condition was excluded from the scope of the ADA’s coverage, then the GID Exclusion violated her right to equal protection as guaranteed under the Fifth Amendment of the United States Constitution.

The U.S. District Court for the Eastern District of Pennsylvania, Judge Joseph F. Leeson Jr. presiding, narrowly construed the text of the ADA’s GID Exclusion and held that Blatt’s Gender Dysphoria is a covered disability under the ADA. Judge Leeson construed the ADA’s language narrowly to avoid ruling on the constitutionality of the GID Exclusion.

The ADA’s GID Exclusion provides that “gender identity disorders not resulting from physical impairment” are not disabilities under the ADA. Judge Leeson held that the term “gender identity disorders” referred “only to the [state] of identifying with a . . . gender [other than the one to which an individual is assigned at birth].” Judge Leeson further held that clinically disabling conditions, like Blatt’s Gender Dysphoria, “go[] beyond” simply identifying with a gender other than the one assigned. Thus, disabling conditions like Blatt’s Gender Dysphoria are not included in the narrowly con...

57. First Amended Complaint and Jury Demand, supra note 13, ¶ 10.
59. Id. at *1.
62. Id.
63. Id. at *3–4.
64. Id. at *2–3 (alteration in original) (quotations omitted) (quoting United States v. Witkovich, 353 U.S. 194, 201 (1957)) (“The constitutional-avoidance canon prescribes that ‘[w]hen the validity of an act of the Congress is drawn in question, and even if a serious doubt of constitutionality is raised, it is a cardinal principle that [the court] will first ascertain whether a construction of the statute is fairly possible by which the question may be avoided.’ . . . Thus, if there is a ‘fairly possible’ interpretation of § 12211 that permits the Court to avoid the constitutional question Blatt has raised, the Court must adopt that interpretation.”).
67. Id.
strued term “gender identity disorders” and therefore are not barred from coverage as a disability under the ADA.\(^\text{68}\)

As Part IV of this Note will further explore, Judge Leeson arrived at this conclusion by invoking the constitutional-avoidance canon and further by looking to the text of the ADA’s GID Exclusion and attempting to render it internally consistent.\(^\text{69}\) Because Judge Leeson found that Blatt did experience clinically significant stress (as reflected in her official Gender Dysphoria diagnosis), he held that the ADA did not exclude her from its protection.\(^\text{70}\) Cabela’s motion to dismiss Blatt’s ADA claim was denied.\(^\text{71}\)

Of particular note in the instant case are the statements of interest submitted by the U.S. Department of Justice (“DOJ”).\(^\text{72}\) In its first Statement of Interest, the DOJ asked the Eastern District of Pennsylvania to avoid ruling on the constitutionality of the ADA’s GID Exclusion and instead asked the court to resolve Blatt’s claim under Title VII alone.\(^\text{73}\) The DOJ dodged opining about the constitutionality of the GID Exclusion and did not provide any analysis of Blatt’s ADA claim.\(^\text{74}\) Subsequently, the DOJ was specifically ordered by the Eastern District of Pennsylvania to address the ADA claim in a second statement of interest.\(^\text{75}\) The DOJ’s Second Statement of Interest and the arguments of amici curiae – various lesbian, gay, bisexual, and transgender (“LGBT”) advocacy organizations – are further discussed in Part V of this Note.\(^\text{76}\)

### III. Legal Background

Section A first addresses terms and definitions related to gender. Section B then briefly details the ADA, including when and to whom it applies, its mandates, and what plaintiffs must show in order to support a viable cause of action under its provisions. Section C explains that transgender plaintiffs have not often sought protection under the ADA and further explains that protection for transgender plaintiffs has been denied in the limited instances

---

68. Id. at *4. In other words, Judge Leeson differentiated between a plaintiff whose internal sense of gender differs from their gender assigned at birth (i.e., someone who is transgender) and a person who experiences clinically significant stress related to their gender identity (i.e., someone with Gender Dysphoria). See id. at *3–4.

69. See id. at *2–3.

70. Id. at *4.

71. Id. at *5.


73. First Statement of Interest, supra note 72.

74. See id.

75. See Second Statement of Interest, supra note 72.

76. See infra Section V.C.
in which ADA suits have been filed. Section D then explores current legal protections utilized by transgender plaintiffs who experience discrimination and discusses how those protections have developed over time. Sections E and F conclude this Part by exploring recent legal developments with respect to the rights of transgender individuals.

A. Understanding Terms and Definitions Related to Gender

As our understanding of gender evolves, so, too, does the language we use to conceptualize it. There are various terms in modern vernacular that were not widely known or used in previous decades, and this Section describes a few such terms pertinent to the instant case.

“Gender identity” refers to someone’s deeply felt, inherent sense of being a man, woman, or other gender (e.g., non-binary, genderqueer, etc.). “Transgender” is an umbrella term used to describe someone whose internal sense of gender differs from the gender they were assigned at birth. In this Note, “gender assigned at birth” is used rather than “sex assigned at birth.” This Note uses “gender” rather than “sex” in this context because when the term “sex assigned at birth” is used, gender assigned at birth is typically what is being conveyed and intended – a person’s sex is more difficult to determine than commonly understood. Moreover, the definition and understanding of


Non-binary and/or genderqueer [are] terms used by some people who experience their gender identity and/or gender expression as falling outside the categories of man and woman. They may define their gender as falling somewhere in between man and woman, or they may define it as wholly different from these terms. The term is not a synonym for transgender or transsexual and should only be used if someone self-identifies as non-binary and/or genderqueer. Gender nonconforming [is] a term used to describe some people whose gender expression is different from conventional expectations of masculinity and femininity. Please note that not all transgender people gender non-conforming. Many people have gender expressions that are not entirely conventional – that fact alone does not make them transgender. Many transgender men and women have gender expressions that are conventionally masculine or feminine. Simply being transgender does not make someone gender non-conforming. The term is not a synonym for transgender or transsexual and should only be used if someone self-identifies as gender non-conforming.

Id. (emphasis omitted).

78. APA Guidelines, supra note 28, at 832; see also GLAAD Guide, supra note 77.

“sex” is influenced by social and cultural norms as much as the understanding of “gender.”

GID is an outdated diagnostic term the medical community formerly used to diagnose and treat transgender individuals. The term is found in the ADA’s exclusions—hence the shorthand “GID Exclusion”—because the drafters of the GID Exclusion extrapolated their exclusionary language from the preeminent Diagnostic and Statistical Manual of Mental Disorders, Third Edition Revised (“DSM-III-R”), which was authoritative circa 1990. GID appeared in two editions (including their respective revised editions) of the variations that determine sex.”). WHO details how certain conditions, such as Klinefelter syndrome, Congenital Adrenal Hyperplasia (CAH), and Androgen Insensitivity Syndrome (AIS) can affect the appearance of secondary sex characteristics—which are commonly used to determine the “sex” of an infant. See id. For instance, “Androgen Insensitivity Syndrome (AIS) is an X-linked recessive disorder in which affected individuals have external female genitalia and breast development despite being [designated as] genetically male (46XY).” Id.

80. See Penelope Eckher & Sally McConnell-Ginet, Language and Gender 1–2 (2013).

[W]hile we think of sex as biological and gender as social, this distinction is not clear-cut. People tend to think of gender as the result of nurture—as social and hence fluid—while sex is the result of nature, simply given by biology. However, nature and nurture intertwine, and there is no obvious point at which sex leaves off and gender begins.

Id. at 2.

A sharp demarcation between sex and gender ultimately fails because there is no single objective biological criterion for [sex. The determination of an individual’s sex is based [on] a combination of anatomical, endocrinal, and chromosomal features, and the selection among these criteria for sex assignment is based very much on cultural beliefs about what actually makes someone male or female. Thus the very definition of the biological categories male and female, and people’s understanding of themselves and others as male or female, is ultimately social . . . . “[L]abeling someone a man or a woman is a social decision. We may use scientific knowledge to help us make the decision, but only our beliefs about gender—not science—can define our sex. Furthermore, our beliefs about gender affect what kinds of knowledge scientists produce about sex in the first place.”

Id. (quoting Anne Fausto-Sterling, Sexing the Body (2000)).

81. See e.g., Gender Identity Disorders: Transsexualism, Gender Identity Disorder of Childhood, and Atypical Gender Identity Disorder, Am. Psychiatric Ass’n, Diagnostic and Statistical Manual of Mental Disorders (3rd ed., rev. 1987); Gender Identity Disorder, Am. Psychiatric Ass’n, Diagnostic and Statistical Manual of Mental Disorders (4th ed., 1994).

Diagnostic and Statistical Manual of Mental Disorders as a recognized medical condition. Many advocates of the transgender community took issue with GID as the name of the medical condition; advocates felt this name endorsed the notion that being transgender was a deviant mental disorder. In the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition ("DSM-V"), published in 2013, the American Psychiatric Association ("APA") removed GID, replaced it with "Gender Dysphoria," and revised the underlying diagnostic criteria. Gender Dysphoria refers to the clinically significant stress that accompanies the "marked incongruence" between one’s internal sense of gender and their gender assigned at birth. Not every transgender person has Gender Dysphoria – some transgender individuals do not experience clinically significant stress related to their gender identity. Often, those who do not experience clinically significant stress do not seek medical intervention, such as hormone therapy or surgery.

In addition to “gender identity disorders not resulting from physical impairment,” the ADA’s GID Exclusion prohibits coverage for “transsexualism.” “Transsexual” is an older term, though some individuals still prefer.

Gender expression [refers to e]xternal manifestations of gender, expressed through a person’s name, pronouns, clothing, haircut, behavior, voice, and/or body characteristics. Society identifies these cues as masculine and feminine, although what is considered masculine or feminine changes over time and varies by culture. Typically, transgender people seek to align their gender expression with their gender identity, rather than the [gender] they were assigned at birth.
to self-identify as transsexual. The term refers to an individual who has changed or seeks to change their body through medical intervention. Unlike “transgender,” “transsexual” is not an umbrella term, and many transgender individuals do not identify as transsexual.

**B. Overview of the ADA**

Recognizing that individuals with disabilities continually encounter various forms of discrimination, Congress enacted the ADA to provide clear and enforceable standards to address and eradicate such discrimination. The ADA “prohibits discrimination against individuals with disabilities in all areas of public life, including jobs, schools, transportation, and all public and private places that are open to the general public.” An individual is considered “disabled” within the meaning of the ADA if they have a physical or mental impairment that substantially limits a major life activity, if they have a record of such impairment, or if they are regarded as having such impairment. In addition to making discrimination on the basis of disability unlawful, the ADA mandates “reasonable accommodations” for individuals with disabilities in various circumstances and prohibits retaliation for requesting reasonable accommodations. Government agencies, such as the DOJ, regulate and enforce the provisions of the ADA.

---

*Id.* “Transvestites” are typically cisgender – that is, their gender identity matches their gender assigned at birth. *See id.*

90 *Id.*

91 *Id.*

92 *Id.*


95 42 U.S.C. § 12102(1)(a) (2012); *see also supra* notes 51–62 and accompanying text.

96 42 U.S.C. § 12112(b)(5); *see also* An Overview of the Americans with Disabilities Act, supra note 94.

Reasonable accommodation is a modification or adjustment to a job or the work environment that will enable a qualified applicant or employee with a disability to participate in the application process or to perform essential job functions. Reasonable accommodation also includes adjustments to assure that a qualified individual with a disability has rights and privileges in employment equal to those of [employees without disabilities.]
To establish a prima facie claim of employment discrimination under the ADA, a plaintiff must show that “(1) [they are] disabled within the meaning of the ADA, 98 (2) [they are] a qualified individual under the ADA, 99 and (3) [they] suffered an adverse employment action because of [their] disability.” 100 This burden is different for retaliation claims 101 and claims related to the failure to reasonably accommodate. 102

C. Transgender Plaintiffs Have Not Historically Found Redress Under the ADA

While the ADA has protected the civil rights of many individuals with disabilities since its enactment, it has not proven useful for transgender individuals seeking recourse under its mandates. Although some federal courts, including federal courts of appeal, have held that sex discrimination encompasses discrimination based on transgender status, 103 transgender plaintiffs have not generally succeeded in bringing federal discrimination claims under the ADA. 104 This is because § 12211’s GID Exclusion specifically excludes

---

97. See supra notes 51–62 and accompanying text.
98. See supra note 53 and accompanying text.
99. See supra note 53 and accompanying text.
100. EEOC. v. Prod. Fabricators, Inc., 763 F.3d 963, 969 (8th Cir. 2014) (quoting Hill v. Walker, 737 F.3d 1209, 1216 (8th Cir. 2013)).
101. Id. at 972. “[T]o establish . . . a retaliation claim under the ADA, a ‘plaintiff must show that (1) [she] engaged in a statutorily protected activity, (2) the employer took an adverse action against [her], and (3) there was a causal connection between the adverse action and the protected activity.’” Id. (quoting Hill, 737 F.3d at 1218).
102. Id. at 971.
103. See infra notes 127–28 and accompanying text.
104. See e.g., Johnson v. Fresh Mark, Inc., 337 F. Supp. 2d 996 (N.D. Ohio 2003) (finding an employer’s requirement that transgender employee use men’s restroom did not violate the ADA because “transsexualism is excluded from the definition of disability no matter how it is characterized, whether as a physical impairment, a mental disorder, or some combination thereof”), aff’d, 98 F. App’x 461 (6th Cir. 2004).
“transsexualism” and “gender identity disorders not resulting from physical impairments.” Until Blatt, the few federal courts that considered the issue generally dismissed ADA claims brought by transgender plaintiffs out-of-hand due to the text of the GID Exclusion.

D. Intent to Exclude Transgender Individuals from Coverage Under the ADA

The ADA was the first comprehensive civil rights law concerning individuals with disabilities that prohibited discrimination in public accommodations, employment, public services, and telecommunications.\(^\text{107}\) The ADA was a noteworthy victory for disability advocates who for decades lobbied for such protections, but passage of the ADA required last-minute compromise.\(^\text{108}\) The legislative record demonstrates that Senator Armstrong, Senator Hatch, and Senator Helms (who harbored a particularly sharp animus toward the LGBT community\(^\text{109}\)) feared that certain individuals – those engaged in illegal activities like drug usage and those deemed to lead “immoral” lifestyles, namely, “homosexuals,” “bisexuals,” and “transvestites” – would be excluded from coverage under the ADA.\(^\text{105}\) Given the unlikely company in which GID (and Transsexualism) finds itself, one might guess that this list was not the result of careful congressional deliberation. And one would be right. This list was a slapdash collection . . . grafted onto the ADA by amendment to ensure passage in the Senate.


\(^{106}\) Id.


Given the unlikely company in which GID (and Transsexualism) finds itself, one might guess that this list was not the result of careful congressional deliberation. And one would be right. This list was a slapdash collection . . . grafted onto the ADA by amendment to ensure passage in the Senate.


If the Senator will forgive me, I know everybody has a different idea about how to draft a piece of legislation. If this were a bill involving people in a wheelchair or those who have been injured in the war, that is one thing. But how in the world did you get to the place that you did not even exclude transvestites? How did you get into this business of classifying people who are HIV positive, most of whom are drug addicts or homosexuals or bisexuals, as disabled?

\(^{110}\) Id.
The exclusions found in § 12211 were meant to quell the Senators’ reservations. Some senators knew the exclusions were questionable, but neither they nor the interested disability advocates were prepared to risk the ADA’s passage in the Senate. Alas, the exclusions were codified. For this reason, when transgender plaintiffs face discrimination in public accommodations, employment practices, and elsewhere, they typically seek legal redress under other statutes (and, when appropriate, constitutional provisions).

110. See, e.g., id. (“Well, all that is well and good. What I get out of all of this is here comes the U.S. Government telling the employer that he cannot set up any moral standards for his business by asking someone if he is HIV positive, even though 85 percent of those people are engaged in activities that most Americans find abhorrent. That is one of the problems I find with this bill.”); see also Barry, supra note 108, at 14 (alteration in original) (“Echoing Senator Armstrong’s and Rudman’s moral concerns, Senator Jesse Helms (R-NC) pressed the sponsors on the ADA’s presumptive coverage of five groups of individuals: ‘homosexuals’; ‘transvestites’; illegal drug users and alcoholics; ‘people who are HIV positive or have active AIDS disease’; and those with ‘psychosis, neurosis, or other mental, psychological disease[s] or disorder[s],’ namely, pedophilia, schizophrenia, kleptomania, manic depression, intellectual disabilities, and psychotic disorders.”).

111. Kevin Berry writes:

GID was excluded from the ADA because, in 1989, a small handful of senators believed that gender nonconformity – like pedophilia, pyromania, and kleptomania – was morally harmful to the community. In the eleventh hour of a marathon floor debate and in the absence of an organized transgender lobby, the ADA’s sponsors and disability rights advocates reluctantly agreed to sacrifice GID and nine other mental impairments in exchange for passage in the Senate. The fact that Congress went out of its way to exclude GID, along with nine mental impairments that involve some harm to oneself or others, sends a strong symbolic message: people with GID have no civil rights worthy of respect. The ADA is a moral code, and people with GID its moral castaways.

Barry, supra note 108, at 1.

112. See id. at 14–15 (alteration in original) (quoting 135 CONG. REC. S10765-01 (daily ed. Sept. 7, 1989), Cong. Rec S 10785, at 1989 WL 183216) (“Senator Harkin assured Senator Helms that, even absent an explicit exclusion, homosexuality and bisexuality were not covered by the ADA—not for moral reasons, but for medical ones. ‘[B]ehavior characteristics’ such as ‘homosexuality and bisexuality are not disabilities under any medical standards.’”).


115. For example, transgender plaintiffs often seek redress under Title VII of the Civil Rights Act and its prohibition of sex discrimination. See infra note 128. Transgender plaintiffs also seek redress under equal protection guarantees of the United States Constitution. See Glenn v. Brumby, 724 F. Supp. 2d 1284, 1299 (N.D. Ga. 2010) (holding transgender employee could bring equal protection claim based on sex stereotyping), aff’d, 663 F.3d 1312 (11th Cir. 2011).
E. Current Legal Protections for Transgender Individuals

Transgender individuals in the United States do not currently enjoy the protection of explicit federal civil rights legislation that bars discrimination on the basis of gender identity.\textsuperscript{116} While Congress has been slow to pass explicit legislation protecting the rights of transgender individuals, federal courts and various federal agencies have provided alternate avenues for such individuals to assert claims of discrimination based on gender identity, including transgender status.

Title VII provides one such avenue.\textsuperscript{117} For transgender plaintiffs, the critical question in litigation has commonly been whether discrimination based on transgender status constitutes impermissible sex discrimination under Title VII.\textsuperscript{118} Early appellate decisions held that Title VII’s prohibition on sex discrimination did not proscribe discrimination on the basis of transgender status.\textsuperscript{119} However, the legal landscape for transgender individuals shifted significantly following the United States Supreme Court’s decision in \textit{Price Waterhouse v. Hopkins}.\textsuperscript{120}

\textit{Price Waterhouse} concerned a female accountant who was nominated for partnership in her accounting firm.\textsuperscript{121} When she was denied the partnership, she sued under Title VII, claiming that her firm discriminated against her on the basis of her sex.\textsuperscript{122} The plaintiff was told to “walk more femininely, talk more femininely, dress more femininely, wear make-up, have her hair


\textsuperscript{117} Title VII of the Civil Rights Act, as amended, makes it unlawful for an employer “to fail or refuse to hire or to discharge any individual, or otherwise to discriminate against any individual with respect to his compensation, terms, conditions, or privileges of employment, because of such individual’s race, color, religion, sex, or national origin.” 42 U.S.C. § 2000e–2(a). Title VII specifically prohibits employment discrimination on the basis of sex, including the hiring and termination of employees and discrimination “with respect to [an individual’s] compensation, terms, conditions, or privileges of employment . . . .” 42 U.S.C. § 2000e-2(a)(1).

\textsuperscript{118} See infra notes 128–29 and accompanying text.

\textsuperscript{119} See, e.g., Sommers v. Budget Mktg., Inc., 667 F.2d 748 (8th Cir. 1982) (“[D]iscrimination based on one’s transsexualism does not fall within the protective purview of the Act.”); Holloway v. Arthur Andersen & Co., 566 F.2d 659 (9th Cir. 1977). “By the mid-1980s, it was thus settled [law] in the Seventh, Eighth and Ninth Circuits that Title VII did not prohibit employment discrimination on the basis of transgender identity.” Fabian v. Hosp. of Cent. Conn., 172 F. Supp. 3d 509, 521 (D. Conn. 2016) (“[T]hat result was premised in all three Circuits on congressional intent and a ‘plain reading’ or ‘traditional definition’ of the word ‘sex.’”).


\textsuperscript{121} \textit{Id.} at 231.

\textsuperscript{122} \textit{Id.} at 231–32.
styled, and wear jewelry.” The Court deemed these comments “clear signs” that partners at the plaintiff’s firm were responding adversely to her because she was a woman and held that the accounting firm had engaged in impermissible sex discrimination.

In so holding, the Court recognized that discrimination based on failure to conform to gender stereotypes is an actionable form of sex discrimination. Transgender plaintiffs who have succeeded in federal courts have often relied on the sex discrimination framework espoused in *Price Waterhouse*.

Post-*Price Waterhouse*, the First, Sixth, Seventh, Ninth, and Eleventh Circuits have held that discrimination based on transgender status constitutes impermissible sex discrimination under Title VII or the Equal Protection

---


124. Id.

125. Id. at 251.

126. See e.g., *Barnes* v. City of Cincinnati, 401 F.3d 729, 737 (6th Cir. 2005) (holding that trans plaintiff stated a claim for sex discrimination “by alleging discrimination . . . for [their] failure to conform to sex stereotypes”).
Clause. The U.S. Court of Appeals for the Tenth Circuit is the only federal appellate court post-Price Waterhouse to maintain the pre-Price Waterhouse doctrine on transgender status and Title VII. The Tenth Circuit relied on the “traditional” sex binary to conclude that transgender plaintiffs were not entitled to Title VII protection “based solely on their status as transgender.”

In 2012, the U.S. Equal Employment Opportunity Commission (“EEOC”) ruled that discriminating against someone based on transgender status constitutes discrimination based on sex, which violates Title VII. Discrimination against a person based on transgender status may also contra-
vene the Fair Housing Act ("FHA"). Though the FHA does not explicitly prohibit discrimination based on gender identity, discrimination against a transgender person based on non-conformity with gender stereotypes may be covered by the FHA’s prohibition of discrimination based on sex in accordance with *Price Waterhouse*.

In 2014, then-Attorney General Eric Holder of the DOJ issued a policy memo that directed all Department of Justice Correspondents and United States Attorneys to “take the position in litigation that the protection of Title VII . . . extends to claims of discrimination based on an individual’s gender identity, including transgender status.” Holder explained, “This will help to foster fair and consistent treatment for all claimants throughout the government, in furtherance of this Department’s commitment to fair and impartial justice for all Americans.” On October 4, 2017, Attorney General Jeff Sessions issued a memo reversing this policy, stating, “Title VII does not prohibit discrimination based on gender identity *per se*.”

The civil rights of transgender individuals have become an increasingly salient issue. The public’s and the media’s increased attention on the issue reflect this saliency, as do the aforementioned stances taken by federal agencies like the U.S. Department of Housing and Urban Development ("HUD"), the EEOC, and the DOJ. The recent increase in litigation concerning

---


133. *Ending Housing Discrimination Against Lesbian, Gay, Bisexual and Transgender Individuals and Their Families*, U.S. DEP’T OF HOUS. & URBAN DEV., https://www.hud.gov/program_offices/fair_housing_equal_opp/LGBT_Housing_Discrimination (last visited June 26, 2018). HUD also has an Equal Access Rule. “In addition, housing providers that receive HUD funding or have loans insured by the Federal Housing Administration (FHA), as well as lenders insured by FHA, are subject to HUD’s Equal Access Rule, which requires equal access to HUD programs without regard to a person’s actual or perceived sexual orientation, gender identity, or marital status.” *Id.*


137. *See supra* notes 130–35 and accompanying text.
transgender rights in federal courts also reflects the growing saliency of the issue.\textsuperscript{138}

Since \textit{Price Waterhouse}, Title VII has been instrumental in securing employment protections for transgender employees, but not all federal courts of appeal have held that Title VII’s prohibition of sex discrimination includes discrimination based on transgender status or gender identity.\textsuperscript{139} Likewise, the Fifth and Fourteenth Amendment guarantees of equal protection have been held to protect transgender individuals in employment, education, military service, and other matters, but their reach is limited to the constraint of the federal and state governments.\textsuperscript{140} While unquestionably necessary, neither Title VII nor the Fifth or Fourteenth Amendment provides comprehensive, nationwide protections for transgender individuals in certain crucial areas of the law, such as public accommodations. Nor is there an explicit federal law protecting transgender individuals in public accommodations.\textsuperscript{141} Instead, a patchwork of state and local laws provide some public accommodations protection for transgender individuals.\textsuperscript{142}

\begin{footnotesize}

139. \textit{See supra} notes 128–29 and accompanying text.

140. \textit{See U.S. Const. amends. V, XIV; see also supra} note 128.


Many state courts and enforcement agencies have interpreted these laws to protect transgender people. Many states and localities also explicitly prohibit discrimination based on gender identity and sexual orientation in public accommodations. The following 17 states have explicit protections: California, Connecticut, Colorado, Delaware, Hawaii, Illinois, Iowa, Maryland, Maine, Minnesota, Nevada, New Jersey, New Mexico, Oregon, Rhode Island, Vermont, and Washington State, as well as the District of Columbia. More than 200 cities and counties also explicitly prohibit gender identity discrimination even if their state does not.

\textit{Id.}

142. \textit{See id.}
\end{footnotesize}
F. States’ Attacks on Transgender Individuals

The issue of transgender rights likely conjures thoughts of so-called state “bathroom bills” that seek to limit or deny transgender individuals’ ability to use restrooms that correspond with their gender identity. These bills represent only one facet of the fight for transgender rights, but their proliferation in state legislatures in recent years highlights the controversy that still surrounds those rights. During the 2017 legislative session, sixteen states considered bathroom bills targeting transgender individuals. Moreover, six states in 2017 “considered legislation that would preempt municipal and county-level anti-discrimination laws.”

Proposed and enacted “bathroom bills” have ranged in scope; some merely prohibit transgender individuals from using restrooms that correspond to their gender identity, while others make the act a crime punishable by incarceration or a fine. For instance, Mark Jennings, a Representative in the Wyoming House, filed House Bill 244, which proposed that using a public restroom not corresponding to an individual’s gender assigned at birth constituted an act of public indecency punishable by up to six months’ imprisonment or a $750 fine.

State legislatures are not the only state authorities that have proposed or enacted bathroom bills. American universities have also implemented bathroom bills. For example, in a 2015 case, campus police at the University of Pennsylvania arrested a transgender student because he used the men’s re-


144. See Kralik, supra note 143. The states are Alabama, Arkansas, Illinois, Kansas, Kentucky, Minnesota, Missouri Montana, New York, South Carolina, South Dakota, Tennessee, Texas, Virginia, Washington, and Wyoming. Id. Human Rights Campaign tracked legislation in 2016, and of the more than 175 anti-LGBT bills tracked, forty-four were anti-trans, and twenty-nine of those forty-four specifically related to bathrooms or locker rooms. HUMAN RIGHTS CAMPAIGN FOUND., ANTI-TRANSgenderr LEGISLATION SPREADS NATIONWIDE, BILLS TARGETING TRANSgender CHILDREN SURGE 2 (Feb. 19, 2016), http://assets2.hrc.org/files/assets/resources/HRC-Anti-Trans-Issue-Brief-FINAL-REV2.pdf.

145. Kralik, supra note 143. The six states are Missouri, Montana, North Carolina, South Carolina, and Texas. Id.

146. See id.

Following his arrest, the transgender student was expelled from the university. The university even filed criminal charges against him with the District Attorney’s office alleging indecent exposure, criminal trespass, and disorderly conduct.

Bathroom bills affect younger students in public primary and secondary schools as well. Missouri is among the states that have recently undertaken the passage of bathroom bills that would affect K-12 students. In 2017, Senate Bill 98, sponsored by Representative Ed Emery, proposed that students at K-12 public schools must use bathrooms, locker rooms, and shower facilities that match their assigned gender at birth. The bill provided “accommodations” to transgender students in the form of “single-stall restrooms, access to unisex restrooms, or controlled use of faculty restrooms, locker rooms, or shower rooms.”

G. The Supreme Court Almost Weighs In

In 2017, the United States Supreme Court almost took up the issue of transgender rights in *G.G. ex rel Grimm v. Gloucester School Board*. Specifically, *G.G.* concerned a young transgender man (Gavin Grimm) and whether he had the right to use the restroom at his high school that corresponded with his gender identity. The case was brought because Grimm was prohibited from using the men’s restroom after his school board implemented a policy requiring students to use restrooms consistent with their assigned gender at birth. Grimm challenged the policy, alleging discrimination in violation of Title IX and the Equal Protection Clause.

The U.S. District Court for the Eastern District of Virginia dismissed Grimm’s Title IX claims. However, the U.S. Court of Appeals for the Fourth Circuit reversed the dismissal, giving deference to the Department of Education’s (“DOE’s”) interpretation of Title IX; in a letter from the DOE’s Office for Civil Rights (“OCR”), the DOE communicated that, under Title IX, “school[s] generally must treat transgender students consistent with their

149. Id. at 664.
150. Id.
152. Id.
154. Id. at 714–15.
155. Id. at 714.
156. Id. at 716.
157. Id.
158. Id. at 717.
gender identity.” 159 The position of the DOE was formalized in guidance issued jointly by the DOJ and the DOE in 2016. 160 The joint guidance prohibited schools receiving federal money from discriminating based on a student’s sex, “including discrimination based on a student’s transgender status.” 161 The guidance explicitly directed federal agencies to treat a student’s gender identity as the student’s sex for purposes of enforcing Title IX. 162

The Fourth Circuit’s decision garnered a significant amount of attention in the media, and far more media attention followed when the United States Supreme Court agreed to hear the case. 163 However, on February 22, 2017, the DOJ and the DOE withdrew their joint guidance regarding treatment of transgender students. 164 In light of the withdrawn guidance, the Court vacated the Fourth Circuit’s decision – a decision that relied on the aforementioned OCR letter that mirrored the position of the later-adopted joint guidance –


162. Id. at 2.


and remanded the case. While this was a disappointing moment for many transgender individuals and their advocates, it is almost surely not the last time the Court will take up the issue of transgender rights, whether in the context of access to restrooms or otherwise.

IV. THE INSTANT DECISION

In the instant case, the Eastern District of Pennsylvania denied Cabela’s motion to dismiss, holding that Blatt’s condition of Gender Dysphoria was not excluded from coverage under § 12211 of the ADA. Recall that Blatt alleged she was either covered under the ADA or the ADA’s exclusions violated her right to equal protection. Had the court held the ADA excluded Blatt from coverage, it would have been forced to rule on the constitutionality of the ADA’s GID Exclusion. Citing its obligation under the constitutional-avoidance canon, the court rationalized a “fairly possible” construction of the ADA’s GID Exclusion under which it did not need to address the constitutional issue.

The court concluded that reading the phrase “gender identity disorders” narrowly to refer to merely “the state of identifying with a [gender other than the one assigned at birth]” was a fair interpretation of the GID Exclusion. Gender Dysphoria, the court said, “goes beyond” merely identifying with a gender other than the one assigned at birth and is “characterized by clinically significant stress and other impairments that may be disabling.”

In adopting this narrow interpretation of “gender identity disorders,” the court first looked at the text of § 12211. The court noted two distinct categories of exclusion: “non-disabling conditions that concern sexual orientation or identity,” such as homosexuality and bisexuality, and “disabling conditions that are associated with harmful or illegal conduct,” such as pyromania and

167. Id. at *2.
168. See id.
169. “[E]ven if a serious doubt of constitutionality is raised, it is a cardinal principle that [the court] will first ascertain whether a construction of the statute is fairly possible by which the question may be avoided.” Id. (citing United States v. Witkowski, 353 U.S. 194, 201 (1957)).
170. Id. at *2–4.
171. Id. at *4.
172. Id. at *2.
173. Id. at *3 n.2.
kleptomania. The court reasoned that if it adopted Cabela’s proffered theory of exclusion, then it would create internal incongruence in the statute, as it would exclude a disabling condition (Gender Dysphoria) that is not associated with harmful or illegal conduct.

Under the narrower definition of “gender identity disorders” adopted by the court, no such internal incongruence would arise because “gender identity disorders” would belong to the first category of exclusions encompassing non-disabling conditions that concern “sexual orientation or identity.”

In support of its conclusion, the court emphasized the legislative history of § 12211. The court stated that § 12211 revealed Congress’ careful intention to distinguish between excluding certain identities from the scope of the ADA (homosexuality, for instance) on one hand, and not excluding disabling conditions that individuals with those identities might have on the other.

The court further explained that its narrow interpretation comported with the Third Circuit’s mandate that the ADA be “broadly construed to effectuate its purposes” as “a remedial statute designed to eliminate discrimination against the disabled in all facets of society.” The court reasoned that, under the Third Circuit’s instruction, exceptions “such as those listed in [§] 12211 should be read narrowly to give the statute a broad reach.”

174. Id. at *3.
175. Id.
176. Id. It should be noted that sexual orientation/identity is different from gender identity. See GLAAD Guide, supra note 77. Judge Leeson refers to “non-disabling conditions that concern sexual orientation or identity,” and one presumes “identity” as used by Judge Leeson in this context refers to sexual identity. See Blatt, 2017 WL 2178123, at *3. Nonetheless, Judge Leeson states that “gender identity disorders” belongs in the first category of non-disabling conditions just described. Id. Thus, one can also presume that Judge Leeson intended to refer to a category of exclusion encompassing non-disabling conditions that concern both sexual orientation and gender identity. See id.
177. Id. For instance, the legislative record demonstrates that legislators agreed that homosexuality was not to be considered a disability, but a gay person with HIV would not be excluded from ADA protection because HIV is a disabling condition, and thus the individual would be entitled to protection on that ground. See 135 Cong. Rec. S10765-01 (daily ed. Sept. 7, 1989), Cong. Rec S 10767, at 1989 WL 183216.
179. Id. at *3 (citing Bonkowski v. Oberg Indus., 787 F.3d 190, 195 (3d Cir. 2015) (“Following traditional canons of statutory interpretation, remedial statutes should be construed broadly to extend coverage and their exclusions or exceptions should be construed narrowly.”)). The Code of Federal Regulations, as well as other courts to address similar issues, likewise dictate that the ADA should be construed broadly in favor of expansive coverage. See, e.g., 29 C.F.R. § 1630.2(j)(1)(i) (2012) (“The term ‘substantially limits’ shall be construed broadly in favor of expansive coverage, to the maximum extent permitted by the terms of the ADA.”).
V. COMMENT

This Part first explores how the instant decision’s legal reasoning aligns with contemporary medical standards. This Part then addresses the potential arguments against the decision reached by the Eastern District of Pennsylvania in *Blatt v. Cabela’s Retail, Inc.* Next, this Part explores the importance and limitations of the DOJ’s Second Statement of Interest in *Blatt* and further argues that it articulates another viable method through which transgender individuals with Gender Dysphoria could be encompassed by the protections of the ADA. This Part then discusses the position of amici curiae in *Blatt* and argues that it, too, presents a viable method by which Gender Dysphoria could be encompassed by the protections of the ADA. Finally, this Part addresses the manifold ways the public and legal spheres will change if individuals with Gender Dysphoria are entitled to ADA protection.

A. A Landmark Ruling

For twenty-five years, the ADA’s exclusion of transgender individuals stood relatively unchallenged.\(^{180}\) The instant case marks the first time that a federal court has held the ADA does not categorically bar a transgender individual from coverage.\(^{181}\) The Eastern District of Pennsylvania’s decision is significant not only for holding that a transgender plaintiff with Gender Dysphoria can sue under the ADA, but also for the reasoning underlying its decision.

In *Blatt*, Judge Leeson delivered two important conclusions: (1) that being transgender is not, in itself, a medical condition or disability\(^{182}\) and (2) that Gender Dysphoria – the stress that can accompany being transgender – is a medical condition and a covered disability.\(^{183}\) In so concluding, Judge Leeson drew an important line between identifying with a gender other than

---


182. Id. Judge Leeson does not explicitly state that being transgender is not a disability. See generally *Blatt*, 2017 WL 2178123. Nonetheless, Judge Leeson reaches this conclusion. See id. at 4. The opinion articulates the mere state of identifying with a gender other than the gender assigned at birth (i.e., being transgender) belongs to the non-disabling category of exclusion. Id. at *4. Thus, one assumes that in placing transgender status in the non-disabling category, it is not considered a disability. See id.

the one assigned at birth and the clinically significant stress that can accompany one’s gender identity.\footnote{184} Judge Leeson’s decision was praised by advocates for this distinction, which aligns with contemporary medical standards.\footnote{185} The DSM-V has shifted away from labeling or implying that transgender people are mentally ill.\footnote{186} “Gender Dysphoria” replaced the term “Gender Identity Disorder” in the DSM-V to facilitate an understanding that being transgender is not, in itself, a mental condition.\footnote{187} In contrast, the clinically significant stress that can result from being transgender is a medical condition.\footnote{188} When the change was implemented in 2013, the APA wrote, “DSM-[V] aims to avoid stigma and ensure clinical care for individuals who see and feel themselves to be a different gender than their assigned gender. . . . \textit{It is important to note that gender nonconformity is not in itself a mental disorder.}”\footnote{189} Thus, Judge Leeson’s opinion reflects the prevailing views of one of the nation’s foremost authorities on mental health and mental conditions – the APA\footnote{190} – and his decision has been acknowledged for its conformity with these prevailing medical views.\footnote{191}

However, because not all transgender people have Gender Dysphoria, \textit{Blatt} may not benefit the entire transgender community. Absent a showing that a transgender individual was discriminated against because they were \textit{regarded as} having Gender Dysphoria, a plaintiff that does not experience Gender Dysphoria would not be protected under the ADA.\footnote{192} In this way, \textit{Blatt} may appear to be a peculiar decision. It may strike one as perplexing to imagine that an employer could discriminate against two transgender employees in precisely the same way, but only the employee that does or is thought to experience Gender Dysphoria would be protected under the statute. Application of \textit{Blatt} may therefore be complicated given that many transgender people do not, in fact, experience Gender Dysphoria.\footnote{193} Thus, \textit{Blatt} does not

\begin{footnotes}
\footnote{184}{\textit{Blatt}, 2017 WL 2178123, at *4.}
\footnote{185}{\textit{Id.}}
\footnote{186}{See supra Section III.A.}
\footnote{187}{See \textit{AM. PSYCHIATRIC ASS’N, GENDER DYSPHORIA I} (2013), https://www.psychiatry.org/File%20Library/Psychiatrists/Practice/DSM/APA_DSM-V-Gender-Dysphoria.pdf.}
\footnote{188}{\textit{Id.}}
\footnote{189}{\textit{Id.} (emphasis added).}
\footnote{190}{“APA is a national medical specialty society whose more than 37,000 physician members specialize in the diagnosis, treatment, prevention and research of mental illnesses, including substance use disorders.” \textit{Id.} at 2.}
\footnote{191}{See Barry & Levi, supra note 180.}
\footnote{192}{See supra note 51.}
\footnote{193}{As explored in Section III.A of this Note, transgender is an umbrella term and there are various gender identities that fall under this umbrella. One might think of transgender men or women, but the gender identity spectrum extends far beyond this limited, binary conception. See GLAAD Guide supra note 77. Many individuals in the umbrella do not experience Gender Dysphoria. See Brief of Amici Curiae,}
\end{footnotes}
render the GID Exclusion obsolete; an adoption of Blatt nationwide would mean the exclusion simply denies ADA protection to a distinct section of the transgender community—those who do not and are not assumed to suffer from Gender Dysphoria.

However, this result comports with the purpose of the ADA—to provide legal protections for individuals with disabling conditions. Without the presence of a disabling condition like Gender Dysphoria (or a discriminatory action under the presumption of Gender Dysphoria), invocation of the ADA would be improper, as the relief sought would be beyond the ADA’s scope and purpose.

Blatt begs practical questions as well. Presumably, transgender plaintiffs with Gender Dysphoria need to prove their disability in some way—but how? Must they have an official diagnosis? Not everyone can afford medical care, including the ability to be officially diagnosed by a medical or mental health professional. Moreover, the necessity of an official diagnosis may present problems for transgender individuals who live in areas in which medical or mental health providers refuse to provide them service precisely because they are transgender and have Gender Dysphoria. Thus, if one is unable to travel to a non-discriminatory doctor or psychiatrist, the very reason an individual is entitled to protection under the ADA may be the reason they are unable to prove that entitlement. No such evidentiary issue was presented in Blatt because Blatt had an official diagnosis, but that may not always be the case. Future courts may have to grapple with these kinds of questions.

supra note 9, at 3–4. Individuals who are non-binary, gender-fluid, genderqueer, or agender may not experience Gender Dysphoria. Though empirical studies have not attempted to understand a correlation between particular gender identities and the experience of Gender Dysphoria, it is possible that one subset of the transgender population experiences Gender Dysphoria less regularly than another.

195. A person treated adversely based on Gender Dysphoria, whether real or perceived, would be covered under the ADA’s regarded-as prong, as amended. See 42 U.S.C. § 12102(2)(C) (2012).
196. Shabab Ahmed Mirza & Caitlin Rooney, Discrimination Prevents LGBTQ People from Accessing Health Care, CTR. FOR AMERICAN PROGRESS (Jan. 18, 2018, 9:00 AM), https://www.americanprogress.org/issues/lgbt/news/2018/01/18/445130/discrimination-prevents-lgbtq-people-accessing-health-care/. The Center for American Progress stated that twenty-nine percent of transgender respondents reported that a doctor or health care provider had refused them an appointment because they were transgender. Id.
197. Twenty-nine percent of transgender respondents had to travel more than twenty-five miles or more to access transition-related care. Id.
B. Arguments Against Judge Leeson’s Interpretation of the GID Exclusion

One argument against Judge Leeson’s interpretation of the GID Exclusion is that the legislature intended to exclude transgender people from ADA protection. However, this argument ultimately provides little cause to reject the reasoning in Blatt. The legislative record makes clear that lawmakers intended to ensure that LGBT people were not considered disabled because they are LGBT. However, those same lawmakers discussed that LGBT status should not preclude coverage for LGBT people who also happen to have disabling conditions. Blatt does not stray from this intent – Blatt is covered not because she is transgender, but because she has a disabling condition.

One could also quibble that Gender Dysphoria is not disabling; however, the text of the ADA and medical literature, including the definition of Gender Dysphoria in the DSM-V, support Judge Leeson’s finding that Gender Dysphoria is, in fact, disabling. To be diagnosed with Gender Dysphoria, an individual must have “clinically significant [stress or impairment in occupational, social, or other important areas of functioning]” that is present for at least six months. By definition under the ADA, significant social and occupational impairment constitutes a disability.

Another argument against Judge Leeson’s interpretation of the GID Exclusion is that “gender identity disorders not resulting from impairment” should be interpreted to include Gender Dysphoria. This argument is not especially strong. Recall that Judge Leeson defined “gender identity disorders” as merely the state of identifying with a gender other than the one assigned at birth, and thus held the phrase did not include a condition like Gender Dysphoria.

In reaching this conclusion, Judge Leeson took a classic interpretive approach and construed the statute so as to render it internally consistent.

199. See 135 Cong. Rec. S10765-01, Cong. Rec S 10767, at 1989 WL 183216. “Congress was careful to distinguish between excluding certain sexual identities from the ADA’s definition of disability, on one hand, and not excluding disabling conditions that persons of those identities might have, on the other hand.” Blatt v. Cabela’s Retail, Inc., No. 5:14-cv-04822, 2017 WL 2178123, at *3 (E.D. Pa. May 18, 2017).
200. Id. at *4.
201. See DSM-V, supra note 4, § 302.6, at 455.
202. Id. at 451–53.
203. See 42 U.S.C. § 12102(2) (2012). “Concentrating, thinking, communicating and working” are all listed as major life activities, the substantial impairment of which renders the condition from which they are caused to be a disability under the ADA. Id.
205. Id. at *3.
Judge Leeson recognized, the statute creates two categories of exceptions.206 The first deals with “non-disabling conditions that concern sexual orientation or gender identity,” and the second concerns disabling conditions that are “associated with harmful or illegal conduct.”207 Judge Leeson rightly determined that to exclude Gender Dysphoria “would exclude from the ADA conditions that are actually disabling but that are not associated with harmful or illegal conduct.”208 Therefore, including Gender Dysphoria in the definition of “gender identity disorders” would create an anomalous result. Consequently, an argument that the GID Exclusion should encompass Gender Dysphoria lacks convincing support.209

C. The DOJ Says Gender Dysphoria is Covered Under the ADA

The DOJ took an official position in its Second Statement of Interest that ultimately aligned with Judge Leeson’s holding that Gender Dysphoria is a disabling condition covered under the ADA.210 However, unlike Judge Leeson’s decision, the DOJ’s position was not based on a narrow interpretation of the ADA’s exclusion, and it provides another rationale that supports the conclusion that Gender Dysphoria is a protected disability under the ADA.

The ADA excludes “gender identity disorders not resulting from physical impairment.”211 In its Second Statement of Interest, the DOJ recognized the contemporary medical view that suggests Gender Dysphoria has roots in biology and physiology.212 In relevant part, the Second Statement of Interest reads: “[U]nder a reasonable interpretation of the statute, Plaintiff’s [G]ender [D]ysphoria falls outside of the scope of the GID Exclusion because a growing body of scientific evidence suggests that it may ‘result[] from [a] physical impairment[].’”213 Quoting the amici curiae in the case, the DOJ endorsed the view that “burgeoning medical research underlying [Gender Dysphoria] points to a physical etiology.”214

Physiological and biological roots arguably fall under the “physical impairment” caveat of the GID Exclusion. The ADA itself does not define the phrase “not resulting from physical impairment.”215 However, the ADA is construed to provide at least as much protection as the regulations implement-

206. Id.
207. Id.
208. Id.
209. Id. at *3.
212. Second Statement of Interest, supra note 72, at 3.
213. Id.
214. Id. (alteration in original) (quoting Brief of Amici Curiae, supra note 9, at 15).
215. Id. at 2.
ing the Rehabilitation Act, which define “physical impairment” to mean “‘[a]ny physiological disorder or condition’ affecting various body systems including ‘neurological,’ ‘reproductive,’ or ‘genitourinary.’” Further, the regulations implementing the Rehabilitation Act explain that “physical impairment” was designed to include “any condition which is . . . physical but whose precise nature is not at present known.”

Thus, the DOJ argued, the term “physical impairment,” if properly construed, leaves room for scientific developments. Given the burgeoning science, “the remedial nature of the ADA” and the broad reading of “physical impairment,” the DOJ asserted “that [G]ender [D]ysphoria falls outside [the GID Exclusion’s] scope” and therefore “[s]hould not be excluded from the ADA’s definition of ‘disability.’” This official stance taken by the DOJ is profound. It perhaps marks the first time that the federal government has recognized and urged in an official capacity that Gender Dysphoria has roots in physiology. The DOJ’s Second Statement of Interest is important in another respect – given the DOJ’s prestige and authority, it may increase the likelihood that future courts hearing ADA complaints from transgender individuals adopt Judge Leeson’s view that Gender Dysphoria is not excluded from ADA protection.

Even if courts reject Judge Leeson’s narrow interpretation of the term “gender identity disorders,” adoption of the DOJ’s position would take Gender Dysphoria out of the purview of the ADA’s exclusion of “gender identity disorders not resulting from physical impairment.” If Gender Dysphoria is said to be a “gender identity disorder” but is recognized by courts as having roots in physiology (i.e., resulting from physical impairment), then the exclusion would not apply.

In reply to the DOJ’s Second Statement of Interest, a statement was filed by a prominent group of LGBT advocacy organizations serving as amici curiae in the case. In this statement, the amici agreed that Gender Dysphoria is not excluded by the GID Exclusion. However, the amici asserted, as they did in a previously filed brief, that this is because Gender Dysphoria is not

216. Id. at 3 (quoting Bragdon v. Abbott, 524 U.S. 624, 631–32 (1998)).
217. Id. (alteration in original) (quoting 28 C.F.R. § 35.104 (2012)).
218. Id. (alteration in original) (quoting 42 C.F.R. §§ 84.62–84.99 (1977)).
219. Id.
220. Id. at 5–6.
222. See id.
224. Id. at 1.
225. See Brief of Amici Curiae, supra note 9, at 13.
a “gender identity disorder” at all; instead, it is a separate, “new and different
diagnosis that does not fall within the letter or spirit of the GID Exclu-
sion.” Amici noted that the GID Exclusion prohibits coverage for certain
“gender identity disorders” but says nothing of Gender Dysphoria. As of
the DSM’s revision in 2013, the amici argued, Gender Identity Disorder and
“gender identity disorders” no longer exist; “there is only Gender Dyspho-
ria.”

Amici supported this argument by detailing that when Gender Dyspho-
ria replaced GID in the DSM-V, the APA did more than rename the diagnosis
– “it revised the diagnostic criteria underlying the diagnosis, it re-categorized
the diagnosis within the DSM, and it referenced new science supporting the
physiological etiology of the diagnosis.” Therefore, as a matter of statuto-
ry interpretation, the amici made a strong argument that Gender Dysphoria
does not fall under any definition of “gender identity disorder” and is com-
pletely outside the purview of the GID Exclusion. The amici opined that
the DOJ ignored “significant differences” between GID and Gender Dyspho-
ria but nonetheless agreed with the “thrust of the United States’ position” that
Gender Dysphoria “falls outside the scope of the GID Exclusion.”

Whatever reasoning one might find most persuasive, the ultimate con-
clusion drawn by Judge Leeson, the DOJ, and amici curiae is the same: Gen-
der Dysphoria is a protected disability under the ADA.

D. A New Legal Landscape Under Blatt

Blatt is a profound decision with vast implications. For those with Gen-
der Dysphoria, a new world will emerge if Judge Leeson’s interpretation of
the ADA prevails in other courts around the country – a world marked by
an exponential increase in legal protections. Transgender individuals with
Gender Dysphoria who face discrimination in myriad facets of life would
finally have a means to access the protection Congress and many states refuse
to enact through targeted legislation.

If courts interpret the ADA to include protection for transgender indi-
viduals with Gender Dysphoria, public accommodations nationwide would no
longer have carte blanche to deny transgender individuals service or the right
to use restrooms consistent with their gender identity. This would be par-

229. See Brief of Amici Curiae, supra note 9, at 15.
230. See id. at 20–24.
232. Implications are equally vast under the DOJ and amici’s reasoning, each
concluding that Gender Dysphoria falls outside the purview of the GID Exclusion.
See supra Section IV.C.
233. See 42 U.S.C. § 12182(a) (2012) (“No individual shall be discriminated
against on the basis of disability in the full and equal enjoyment of the goods, ser-
particularly groundbreaking because private entities such as hotels, movie theaters, restaurants, stadiums, grocery stores, shopping centers, banks, pharmacies, lawyers’ and doctors’ offices, hospitals, and more are considered public accommodations so long as their “operations . . . affect commerce.”

Given the far-reaching protections of the ADA, adopting Blatt nationwide would have a powerful effect on the daily lives of transgender individuals.

Moreover, a nationwide adoption of Blatt would likely have a profound effect on young transgender individuals attending primary, secondary, and post-secondary school who are threatened with discrimination. In recent years, an increasing number of lawsuits have been filed that challenge school board prohibitions regarding the use of restrooms that match a student’s gen-

234. See 42 U.S.C. § 12181(7) (2012). Under the ADA, all of

[the following private entities are considered public accommodations . . . if the operations of such entities affect commerce:] (A) an inn, hotel, motel, or other place of lodging, except for an establishment located within a building that contains not more than five rooms for rent or hire and that is actually occupied by the proprietor of such establishment as the residence of such proprietor; (B) a restaurant, bar, or other establishment serving food or drink; (C) a motion picture house, theater, concert hall, stadium, or other place of exhibition or entertainment; (D) an auditorium, convention center, lecture hall, or other place of public gathering; (E) a bakery, grocery store, clothing store, hardware store, shopping center, or other sales or rental establishment; (F) a laundromat, dry-cleaner, bank, barber shop, beauty shop, travel service, shoe repair service, funeral parlor, gas station, office of an accountant or lawyer, pharmacy, insurance office, professional office of a health care provider, hospital, or other service establishment; (G) a terminal, depot, or other station used for specified public transportation; (H) a museum, library, gallery, or other place of public display or collection; (I) a park, zoo, amusement park, or other place of recreation; (J) a nursery, elementary, secondary, undergraduate, or postgraduate private school, or other place of education; (K) a day care center, senior citizen center, homeless shelter, food bank, adoption agency, or other social service center establishment; (L) and a gymnasium, health spa, bowling alley, golf course, or other place of exercise or recreation.

Id. “The term ‘commerce’ means travel, trade, traffic, commerce, transportation, or communication – (A) among the several States; (B) between any foreign country or any territory or possession and any State; or (C) between points in the same State but through another State or foreign country.” Id. § 12181(1).

der identity. Under Blatt, a university, high school, elementary, or other school policy categorically prohibiting transgender students from using restrooms that match their gender identity would not be permissible. Indeed, under Blatt, even private universities not receiving federal funds would be prohibited from implementing “bathroom bills” or policies that target transgender individuals so long as such entities properly fit within the description of a “public accommodation.” Moreover, if a nationwide consensus aligned with Blatt takes hold, “bathroom bills” could not be enacted by state legislatures.

E. Eliminating Discrimination in Employment

The ADA applies to certain private employers with more than fifteen employees, state and local governments, employment agencies, labor unions, agents of an employer and joint management labor committees. The ADA prohibits discrimination in a wide variety of employment practices, including hiring, firing, advancement, compensation, training, and more. Currently, there are states in which laws do not prohibit discrimination on the basis of gender identity. In those states, individuals can be fired simply for being transgender. If no binding, favorable federal court precedent exists in the jurisdiction upon which a transgender person could rely, no legal recourse for a termination or other adverse action would be available. The logic and holding of the instant case would change such a result.

As Blatt suggests, transgender individuals are often fired because they are transgender. It is not difficult to imagine that prejudice against transgender individuals likely also biases employers against giving promotions to transgender employees, even when their job performance is stellar. It likely happens to transgender individuals across the country. ADA protection for transgender individuals with Gender Dysphoria would be a crucial

237. See supra note 234 and accompanying text.
239. Id. § 12112(a) (2012).
242. See First Amended Complaint and Jury Demand, supra note 13, ¶ 25.
step toward ensuring equal employment opportunity for all transgender workers.

F. Healthcare and Incarceration

For transgender individuals with Gender Dysphoria, access to healthcare can be critical to mental and physical health. A nationwide adoption of Blatt would be profound for transgender individuals with Gender Dysphoria in the healthcare context because it would prohibit any "pharmacy, insurance office, professional office of a health care provider, hospital, or other service establishment" from discriminating against a transgender individual with Gender Dysphoria.243 This means that a pharmacy could not refuse to provide hormones, a doctor/hospital could not refuse to provide medical care, and an insurance office could not refuse to provide service to a transgender individual with Gender Dysphoria based on their condition.244 Protections of this sort are imperative for transgender individuals with Gender Dysphoria and may be particularly vital in areas with few providers or in areas where religious-based refusal of care is common.

Blatt would also be transformative for transgender people who are incarcerated. Often, prisons and jails refuse to house transgender individuals according to their gender identity.245 This practice can subject transgender people to physical and sexual violence as well as harassment.246 In June 2018, a federal court in Doe v. Massachusetts declined to dismiss the lawsuit of a transgender woman being housed in a men’s prison based on the GID Exclusion, ruling instead that the woman could proceed with her ADA claim.247 The judge found that Doe “adequately stated a claim under the ADA” and “adequately pled that she ha[d] been denied the reasonable ac-

243. These entities, even if private, are considered places of public accommodation under the ADA, provided they affect commerce. 42 U.S.C. § 12181(7)(F) (2012).
244. A proliferation of Blatt nationwide would be especially important if so-called “religious freedom” bills are enacted at the state level, giving healthcare providers the legal authorization to refuse to provide care to someone in any instance in which their gender identity/expression offends a provider’s personal feelings about morality and/or religion.
246. More than one in three transgender women have been sexually victimized according to Prison Rape Elimination Act data. Id. In a national survey, transgender prisoners reported “physical and sexual assault rates six to [ten] times higher than non-transgender prisoners.” Id. See also ALLEN J. BECK, SEXUAL VICTIMIZATION IN PRISONS AND JAILS REPORTED BY INMATES 2011-12, (2013).
accommodation of a transfer to a woman’s prison.” Doe demonstrates the significance of rulings in line with Blatt and illustrates the meaningful and potentially life-saving effects of recognizing Gender Dysphoria as a disability entitled to ADA protection.

VI. CONCLUSION

The ADA is a fundamental piece of civil rights legislation. Its scope is vast, guaranteeing equal opportunity for individuals with disabilities in public accommodations, employment, transportation, state and local government services, and telecommunications. While the prohibition on sex discrimination found in the Civil Rights Act of 1964 and elsewhere encompasses transgender individuals in many jurisdictions, the current patchwork of protections is inadequate for protecting the rights of all transgender individuals in the United States. Without explicit federal legislation that provides protections on the basis of gender identity and transgender status, one can expect that transgender individuals will continue to face discrimination by states, businesses, and individuals alike. For this reason, existing federal legislation like the ADA that can be properly construed to protect transgender individuals may play an important role in the developing legal landscape.

Though the ADA codified harmful and unnecessary prejudice against transgender individuals in the GID Exclusion, the instant decision by the Eastern District of Pennsylvania marks what could be the first rumbling of a seismic legal shift. If other courts follow the decision of Judge Leeson, transgender individuals may soon find that they are indeed afforded the sweeping protections of the ADA.

248. Id.